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|  | **All Saint’s P.S. Mary 028 8224 3809** **mary.mccullagh@eani.org.uk****Monday** | **Tuesday** | **Wednesday** | **Thursday** | Version 1 colour for printing (1)**Friday** |
| **WEEK 1****29th Aug****26th Sept****24th Oct****21st Nov****19th Dec****16th Jan** | **Spaghetti Bolognaise & Homemade Garlic Bread Or** **Ham & Cheese Melt****Garden Peas****Salad Selection****Mashed Potato****Hot Pasta Twists / Gravy****Sponge with Jam Topping & Custard**  | **Homemade Breaded Chicken Goujons & Dip Or** **Chicken Wrap****Fresh Diced Carrots** **Salad Selection****Mashed Potato** **Herb Diced Potatoes****Hot Pasta Twists / Gravy****Jelly & Ice-Cream Slice with Orange Segments**  | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or** **Oven Baked Breaded Fish Fingers****Sweetcorn** **Cauliflower Mornay****Mashed Potato****Hot Pasta Twists / Gravy****Fresh Fruit Or** **Fresh Yoghurt** | **Roast Breast of Chicken Or****Roast Pork** **Traditional Stuffing** **Fresh Diced Carrots****Broccoli Florets****Mashed Potato****Dry Oven Roast Potato****Hot Pasta Twists / Gravy****Rice Krispie Square &** **Custard** | **Oven Baked Sausage Or****Peppered Chicken** **Baked Beans****Garden Peas** **Tossed Salad****Baked Potato****Chips****Hot Pasta Twists / Gravy****Ice-Cream Tub &****Fruit Pieces**  |
| **WEEK 2****5th Sept****3rd Oct****31st Oct****28th Nov****26th Dec****23rd Jan** | **Ham & Cheese Pizza Or Chicken Crumble****Garden Peas****Tossed Salad** **Mashed Potato****Herb Diced Potatoes****Hot Pasta Twists / Gravy****Flakemeal Biscuit &** **Water Melon Slice** | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or****Steak Burger** **Broccoli Florets****Fresh Diced Carrots****Mashed Potato****Hot Pasta Twists / Gravy****Muffin &** **Custard** | **Italian Pasta Bake & Homemade Garlic Bread Or****Fresh Breaded Fish Goujons****Baked Beans****Sweetcorn / Garden Peas** **Mashed Potato****Hot Pasta Twists / Gravy****Jelly & Ice-Cream Slice Or****Fresh Fruit**  | **Roast Breast of Chicken Or Chicken Pasta Bake****Traditional Stuffing****Fresh Diced Carrots / Parsnip****Mashed Potato****Dry Oven Roast Potato****Hot Pasta Twists / Gravy****Fruit Sponge &** **Custard** | **Homemade Breaded Chicken Nuggets Or** **Beef Lasagne****Sweetcorn****Salad Selection****Mashed Potato** **Chips****Hot Pasta Twists / Gravy****Frozen Yoghurt &****Fruit Pieces** |
| **WEEK 3****12th Sept****10th Oct****7th Nov****5th Dec****2nd Jan****30th Jan** | **Oven Baked Breaded Fish Fingers Or****Savoury Mince** **Fresh Diced Carrots** **Garden Peas****Mashed Potato****Hot Pasta Twists / Gravy****Fresh Fruit Or****Fresh Yoghurt** | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or Chicken Panini** **Sweetcorn** **Broccoli Florets****Mashed Potato****Herb Diced Potatoes****Hot Pasta Twists / Gravy****Jelly &** **Fruit Pieces** | **Homemade Breaded Chicken Goujons & Dip Or****Cottage Pie****Baked Beans****Fresh Diced Turnips****Salad Selection****Mashed Potato****Hot Pasta Twists / Gravy****Rice Pudding Or Fresh Yoghurt Or Fresh Fruit**  | **Oven Baked Gammon Or****Chicken & Pasta Bake****Traditional Stuffing****Fresh Baton Carrots** **Cauliflower Mornay****Mashed Potato****Dry Oven Roast Potato****Hot Pasta Twists / Gravy****Ginger Biscuit &** **Custard** | **Oven Baked Sausages Or****Macaroni Cheese****Garden Peas****Coleslaw****Baked Potato** **Chips****Hot Pasta Twists / Gravy****Ice-Cream &** **Fruit Pieces** |
| **WEEK 4****19th Sept****17th Oct****14th Nov****12th Dec****9th Jan****6th Feb** | **Steak Burger Or** **Stuffed Bacon Roll****Baked Beans****Sweetcorn****Broccoli Florets****Mashed Potato****Hot Pasta Twists / Gravy****Fresh Fruit Or****Fresh Yoghurt**  | **Pasta Bolognaise & Homemade Garlic Bread Or****Fresh Breaded Fish Goujons** **Fresh Baton Carrots****Salad Selection / Parsley Sauce****Mashed Potato****Herb Diced Potatoes** **Hot Pasta Twists / Gravy** **Eton Mess** **(Meringue, Fruit & Yoghurt)** | **Breast of Chicken Curry with Boiled Rice & Naan Bread Or** **Oven Baked Sausage****Garden Peas****Salad Selection****Mashed Potato****Hot Pasta Twists / Gravy****Fresh Fruit Salad** **Jelly** | **Roast Breast of Chicken Or** **Flaked Salmon Wrap****Traditional Stuffing****Broccoli Florets****Tossed Green Salad****Mashed Potato****Dry Oven Roast Potato****Hot Pasta Twists / Gravy****Chocolate Brownie &** **Custard** | **Homemade Margherita Pizza****Or Marinated Chicken & Veg Stir Fry with Noodles****Sweetcorn** **Salad Selection** **Mashed Potato****Chips****Hot Pasta Twists / Gravy****Ice-Cream &** **Fruit Pieces** |

 **Fresh Fish & Chicken Nuggets May Contain Bones**

***If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form***

***Potato Salad***

***Rice Salad***

 ***Coleslaw***

***Tossed Salad***

***Lettuce***

***Cherry Tomato***

***Carrot Sticks***

***Cucumber Sticks***

***Diced Red Peppers***

***Red Onion***

***Radish***

***Beetroot***

 ***Breads***

***Milk, Water***

***Fresh Fruit, Yoghurt***

 ***Available Daily***